

Track: 2026-07-25 Intermesoli e P. Cefalone

These speeds are average for = HKG

IBP index reliability= A

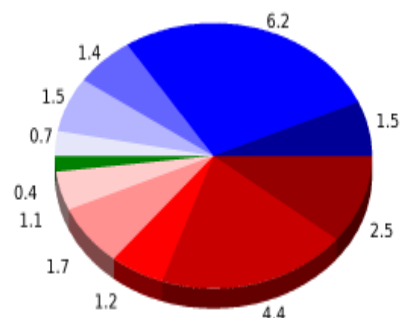
IBP = 222 HKG

Total length	22.5 Km	Max slope filter	~55 %
Analyzed distance	22.5 Km	Min. points separation	~30 m
Lineal distance	0.01 Km	Number of points	1462 (cad. 15.39 m)
		Significant points	602 (cad. 37.44 m / 41.18 %)
		Aberrant points	135 (9.23 % d. total)
Accumulated climb	2241.5 m		
Accumulated descent	2226.3 m		
Maximum height	2641.3 m	Direction changes per km	13.78
Minimal height	1106.5 m	Direction changes >5° per km	11.38
Climb rate	20.69 %	Accumulated straight stretches	2.849 Km
Descent rate	19.73 %	Straight stretches per km	126.62 m
Positive climb difference per km	99.62 m	Penalizable slope changes	18
Negative descent difference per km	98.95 m	Penalizable slope changes per km	0.8
Total time	9:27:23 h		
Time in movement	7:16:21 h		
Stopped time	2:11:02 h		
Total speed average	2.38 Km/h		
Average speed in movement	3.09 Km/h		
Maximum held speed	6.78 Km/h		

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Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.473	10.99	2.09	1:11:09
	Between 15 and 30%	4.363	19.39	2.63	1:39:33
	Between 10 and 15%	1.225	5.44	3.53	0:20:50
	Between 5 and 10%	1.652	7.34	3.5	0:28:18
	Between 1 and 5%	1.122	4.99	3.31	0:20:20
	Total :	10.834	48.15	2.71	4:00:10
	Plain				
	Difference of 1%	0.382	1.7	3.61	0:06:21
	Breakdown descents				
	Between 1 and 5%	0.737	3.28	4.12	0:10:44
	Between 5 and 10%	1.468	6.52	4.25	0:20:44
	Between 10 and 15%	1.423	6.32	3.97	0:21:29
	Between 15 and 30%	6.191	27.51	3.75	1:39:04
	Between 30% and 55%	1.466	6.51	2.33	0:37:49
	Total :	11.285	50.15	3.57	3:09:50
	Total track :	22.5	100 %	3.09	7:16:21

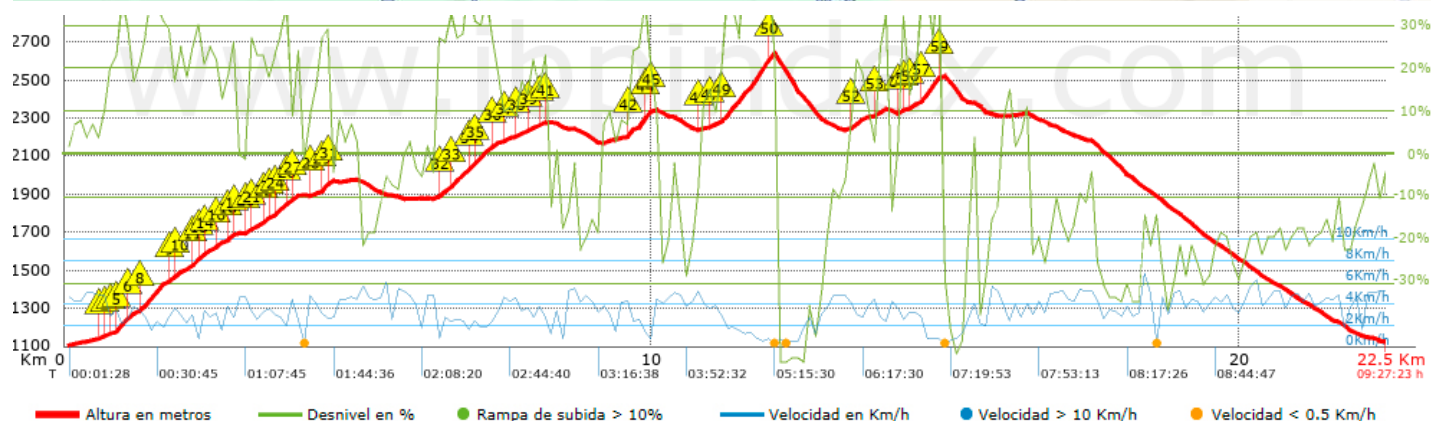
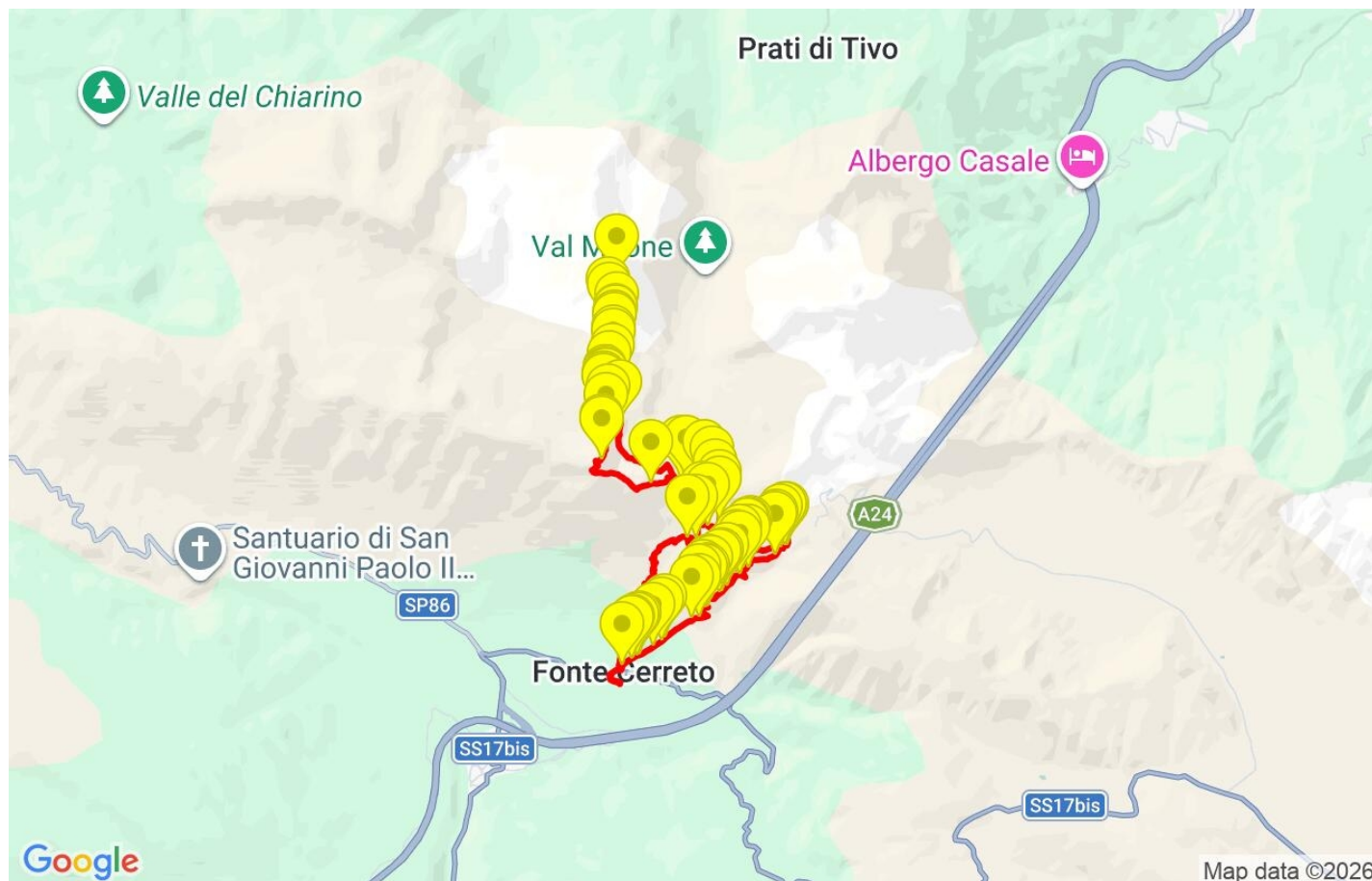


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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	0.561	11 %	153 m
	0.714	12 %	32 m
	0.746	13 %	66 m
	0.812	23 %	38 m
	0.85	33 %	234 m
	1.084	18 %	128 m
	1.211	22 %	79 m
	1.29	31 %	468 m
	1.758	20 %	111 m
	1.869	22 %	281 m
	2.15	26 %	81 m
	2.231	31 %	32 m
	2.264	22 %	74 m
	2.338	22 %	222 m
	2.56	37 %	32 m
	2.592	12 %	153 m
	2.745	18 %	30 m
	2.775	27 %	105 m
	2.88	25 %	31 m
	3.102	15 %	41 m
	3.143	21 %	215 m
	3.359	19 %	125 m
	3.484	23 %	75 m
	3.559	28 %	196 m
	3.755	35 %	38 m
	3.793	22 %	37 m

	3.829	13 %	112 m
	4.188	14 %	32 m
	4.318	30 %	145 m
	4.463	31 %	38 m
	4.501	28 %	41 m
	6.314	23 %	199 m
	6.513	29 %	298 m
	6.811	32 %	116 m
	6.927	30 %	334 m
	7.26	23 %	94 m
	7.508	11 %	176 m
	7.684	17 %	138 m
	7.822	13 %	259 m
	8.081	19 %	74 m
	8.155	26 %	31 m
	9.578	33 %	285 m
	9.862	48 %	31 m
	9.894	35 %	40 m
	9.934	17 %	92 m
	10.802	11 %	161 m
	10.963	14 %	158 m
	11.122	19 %	77 m
	11.198	41 %	796 m
	11.995	47 %	32 m
	13.353	16 %	38 m
	13.39	22 %	180 m
	13.81	22 %	105 m
	14.211	13 %	35 m

	14.246	20 %	148 m
	14.394	13 %	126 m
	14.52	38 %	351 m
	14.872	47 %	33 m
	14.904	17 %	34 m

High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2500	791	3.52	0:11:20	4.19	1:32:59	1:44:19	0.45
2250	6387.793	28.39	2:26:11	2.62	0:24:20	2:50:31	2.25
2000	4119.053	18.31	1:17:59	3.17		1:17:59	3.17
1750	4481.847	19.92	1:19:57	3.36	0:11:03	1:31:00	2.96
1500	2446.895	10.87	0:45:10	3.25	0:02:40	0:47:50	3.07
Total :	18.227 Km	81 %	6:00:37 h	3.03 Km/h	2:11:02 h	8:11:39 h	2.22 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.231	0:02:40	1546	0:47:47	0:47:47	2.231
3.989	0:05:45	1892	1:28:42	0:40:55	1.758
8.446	0:04:21	2262	3:02:16	1:33:34	4.457
9.862	0:02:40	2296	3:37:44	0:35:28	1.417
11.723	0:02:44	2489	4:24:29	0:46:45	1.861
11.796	0:12:09 > 10´	2523	4:29:51	0:05:22 < 10´	0.072
11.995	0:30:16 > 10´	2618	4:45:14	0:15:23	0.199
12.105	0:05:52	2624	5:16:57	0:31:43	0.11
12.203	0:21:23 > 10´	2577	5:24:36	0:07:39 < 10´	0.098
12.369	0:03:49	2499	5:47:54	0:23:18	0.166
14.628	0:05:48	2411	6:39:11	0:51:17	2.259
14.763	0:11:04 > 10´	2466	6:48:06	0:08:55 < 10´	0.135
14.904	0:12:29 > 10´	2524	6:59:58	0:11:52	0.141
14.971	0:04:44	2520	7:13:53	0:13:55	0.067
18.541	0:05:18	1896	8:24:22	1:10:29	3.57
Total : 2:11:02 h					